

PAPUA NEW GUINEA VISIT

Papua New Guinea visit

On the 27th to 29th April, the OWF General Secretary, ran a Technical and Coaching Seminar in Port Moresby – Papua New Guinea. The seminar was a brilliant success with 25 participants coming from many provinces of PNG. Including former world class lifter Paul Enuki. Whilst representatives of all the provinces were in attendance, the PNG Weightlifting Federation held its electoral congress. Dika Toua was elected as the new President of the PNG Weightlifting Federation. The Vice President Jeffrey Robby, the General Secretary Kila Mala, and Treasurer Tamzin Wardley were all re-elected to their nominated positions.

The OWF wishes Dika Toua and the Executive Board a very successful term of office. These are some of the achievements established by Dika in her long and successful weightlifting career:

- **Oceania Champion** 13 times
- **Olympic Representative** 2000- 2004- 2008- 2012- 2021
- **Commonwealth Games -** 2002- 2006- 2014- 2018- 2022 **winning 1 gold and 2 silver medals**
- **Pacific Games & Mini Games** 1999, 2003, 2005, 2007, 2011, 2015, 2017, 2019, 2021 **winning 23 gold medals 2 silver medals**
- **World Championships representative** 2005, 2009, 2011, 2015, 2019, 2022



The Samoa Games



SAMOA GAMES
VENUE: GYM #3, (TUANAIMATO SPORTS COMPLEX)
FRIDAY 26TH MAY 2023
WOMEN WEIGH-IN 7.30AM - 8.30AM
START 9.30AM - 11.30AM
MEN WEIGH-IN 10AM - 11AM
START 12PM - 2PM

The Samoan Games have been revamped after a number of years in hiatus. On the 26th May the weightlifting competition will be held and it will be open to individual lifters from the Pacific who wish to participate. We all know it will be brilliantly organised with world class performances to be expected.

Anyone who wishes to take part, please contact the President of the Samoa Weightlifting Federation, Mr. Jerry Wallwork on jerrywallwork@hotmail.com

Other news:

The Oceania Junior, Youth and Under 23 Championships will now be held in Apia, Samoa on October 5th, 6th and 7th.

The OWF Senior Training Camp will be held in Apia, Samoa from 28th September to 5th October.

ELEIKO